

# New York-New Jersey Trail Conference Trail Management Guide - Version 4.1

Approved by the Policy Council on September 5, 2018

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# 1. Introduction

# 1.1. About this Guide

As a leader in the design, construction, maintenance, and preservation of trails for outdoor recreation, the New York-New Jersey Trail Conference is engaged in a wide range of projects and activities.

The Trail Management Guide (TMG) was originally created in 2002 to be used to train new Trails Chair and Supervisors. It has now evolved to include all aspects of trail management and administration to provide a complete view of the interactions among various roles and external entities to deliver on the Trail Conference annual plans and mission.

This TMG describes the current Trail Conference organizational structure, roles, responsibilities, and practices relating to trail management. It is intended to be used as a reference, for ongoing learning and onboarding of volunteers and staff to enable consistency in carrying out the mission of the Trail Conference. The TMG references policies, additional practices documents, and available resources.

The Trail Conference environment is constantly evolving. Sections of the TMG will be updated on a regular basis to reflect changes in the organization, practices and environmental needs.

# 1.2. Mission, Vision and Values

#### **Trail Conference Mission and Vision:**

The New York-New Jersey Trail Conference is a volunteer-powered organization that builds, maintains, and protects public trails. Together with our partners, we strive to ensure that the

trails and natural areas we share are sustainable and accessible for all to enjoy for generations to come.

#### **Trail Conference Values:**

The joys of nature belong to everyone. All people—regardless of age, ability, or location—should be able to experience the rewards of connecting with nature.

**Volunteers are our superheroes**. Creating and protecting trails is a labor of love. We celebrate our volunteers—their passion, dedication, and leadership make the trails we all love possible.

**Environmental conservation is a shared duty**. We must preserve the integrity of our natural world—not only to sustain our trail systems, but to ensure future generations can enjoy the outdoor experiences a healthy planet has to offer.

The right path is always a responsible one. We take land stewardship seriously and approach every decision—whether we're out in the field or in our headquarters—with balanced judgment and firm conscience.

**Respect is essential to success**. We exercise the same courtesy we advocate for on the trail in all of our partnerships, and we strive to be a trusted source of information and expertise for the trail community.

**Sustainability is fundamental to a healthy organization.** We will generate and raise an appropriate level of awareness and income to support the needs of the organization.

### 1.3. About the Trail Conference

The New York-New Jersey Trail Conference is responsible for over 2,100 miles of trails, and growing each year. The network of trails is managed by a wide network of volunteers from across the New Jersey, East Hudson, West Hudson, and Catskills regions and by the Trail Conference staff.

The Trail Conference is a volunteer powered organization, with a high level of collaborative teamwork between volunteers, staff, and land managers key to its success. To accomplish the activities that advance the Trail Conference mission, the Trail Conference depends on the high quality and timely work done by each volunteer and staff member. Volunteers serve a major function by providing time, skills and expertise that expand the organization's overall capabilities.

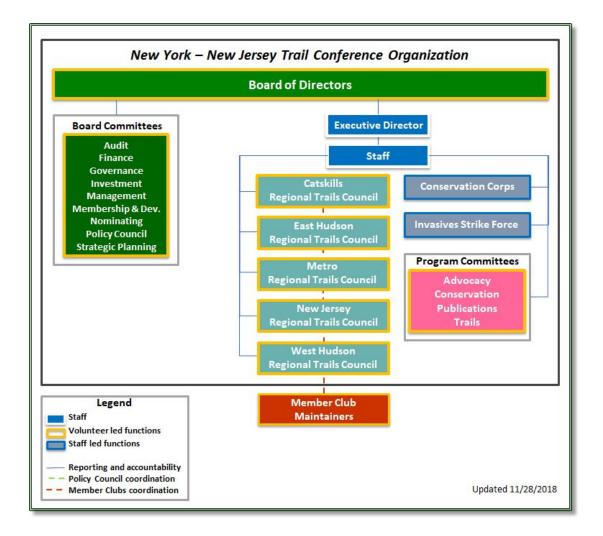
To learn more, see the About Us page on www.nynjtc.org.

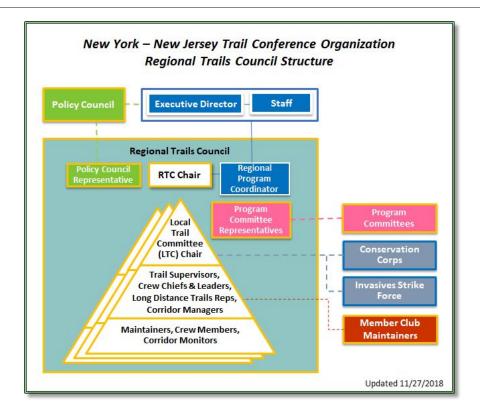
# 2. Organization Overview

In 2016, the Trail Conference implemented a regional organization structure that changed the management and operation of trails from a single Trails Council to four Regional Trails Councils and a Policy Council.

The first diagram represents the organizational groups of the Trail Conference. The second diagram further details how each Regional Trails Council is structured.

The sections following the diagrams provide a high level description for each part of the organization.





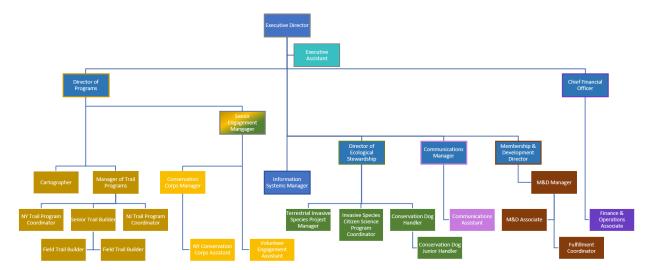
- 1. Board of Directors is the governing body of the Trail Conference. The authority of the Board derives from state law, articles of incorporation, and bylaws. The Board is responsible to the members and staff of the Trail Conference and also holds a public trust for ensuring that the organization carries out the purposes for which it was established in a responsible and accountable fashion. The Board provides overall leadership for the organization and selects the Executive Director. The Directors establish broad policies and objectives, strategic plans, approve the annual plan and budget, and ensure sufficient resources. The Board delegates authority to the Executive Director to fulfill the mission of the Trail Conference and manage the implementation of the annual plans.
- Committees: The <u>Bylaws</u> establish Committees of the Board (Audit) and make provisions to authorize sufficient and appropriate Committees of the Corporation to support the necessary work. Charters establish accountability, purpose, responsibilities, membership, and meetings expectations for each Committee.
  - a. **Committees of the Board** accountable to the Board.
    - Audit Committee, the only committee established in the bylaws as a Committee
      of the Board, ensures compliance with local, state and federal regulations
      governing nonprofit financial reporting, and for interacting with outside
      auditors. See <u>Audit Committee charter</u>.
  - b. Committees of the Corporation accountable to the Board.
    - i. Finance Committee is responsible for monitoring, and periodically reporting to the Board on, the financial condition of the Trail Conference; and for working with the Audit Committee to ensure the effectiveness of the Trail Conference's financial planning and record-keeping practices. See Finance Committee charter.
    - ii. **Governance Committee** is responsible for the review of the Trail Conference's governing documents, policies, procedures and practices, makes

- recommendations to the Board to enhance the effectiveness and development of the Board, and ensures that the Board is carrying out its legal and fiduciary duties. See <u>Governance Committee charter</u>.
- iii. **Investment Committee** sets the overall investment policies, guidelines and risk levels for the Trail Conference's funds, subject to Board approval following review and recommendation by the Finance Committee. See <u>Investment</u> Committee charter.
- iv. Management Committee assists the Board Chair to develop the agendas for each Board meeting. The Committee does not speak for the Board or make decisions on behalf of the Board. See <u>Management Committee charter</u>.
- v. Membership & Development Committee counsels the Board and development staff on revenue-generating plans (both earned income and fundraising) by reviewing, discussing, evaluating and helping to implement proposed financial development and marketing strategies. The Committee also engages in fundraising through its participation in events, prospecting and solicitation activities. See <a href="Membership & Development Committee charter">Membership & Development Committee charter</a>.
- vi. **Nominating Committee** is responsible for recommending nominees for election to the Board, and for election as Delegates-at-Large. The committee also oversees orientation of new members of the Board. See <u>Nominating Committee charter</u>.
- vii. **Policy Council** is responsible for developing mission-related policies and Trail Conference wide practices. Its members represent the RTCs and all aspects of the organization. Policies require approval from the Board, while practices are approved by the Policy Council. See <u>Policy Council charter</u> and <u>website page</u>.
- viii. **Strategic Planning Committee** assists the Board in the oversight of the strategic planning process, to include development of appropriate strategic plans, objectives, monitoring of progress against strategic objectives, and periodic updates to the Trail Conference's mission and vision statements. The <u>Strategic Planning Committee charter</u> is scheduled for 5/8/18 Board meeting review and approval.
- c. Committees of the Corporation accountable to the Executive Director are referred to as Program Committees. These committees provide leadership and expertise for major initiatives and activities in functional areas that complement staff expertise. The committees extend the capabilities of the Trail Conference, leverage the skills and experience of volunteers and are critical for the mission. Committees are led by and made up of volunteers with interest and expertise in the subject area, and 1-2 staff representatives. Program committees are encouraged to collaborate with RTCs, participate in meetings as appropriate, educate on committee activities and seek stakeholder feedback or specific input on projects. See Committee Best Practices.
  - Advocacy Committee advocates for the preservation of trails the Trail Conference has built and maintains, and the lands upon which trails are situated. See Advocacy Committee charter.
  - **ii. Conservation Committee** advances the Trail Conference mission by acquiring fee simple properties and easements needed to improve, preserve and extend the Trail Conference network of trails. See <u>Conservation Committee charter</u>..
  - **Publications Committee** develops, produces, and markets all Trail Conference map sets and books. See <u>Publications Committee charter</u>.

#### iv. Trails:

- Appalachian Trail Coordinating Committee coordinates the three Appalachian Trail LTCs. See <u>AT Coordinating Committee page on www.nynjtc.org</u> for more information.
- 2. Sawyer Committee oversees the implementation of policies and procedures related to all saw operations within the Trail Conference. The Sawyer Committee manages the Sawyer program including the enrollment, tracking, certification, and training needs for all sawyers. The committee creates annual plans to ensure that training and safety needs are met for sawyers and swampers. See <a href="Sawyers Committee">Sawyers Committee</a> charter.
- **3. Staff,** hired by the Executive Director, provide operational leadership and management support for the organization.

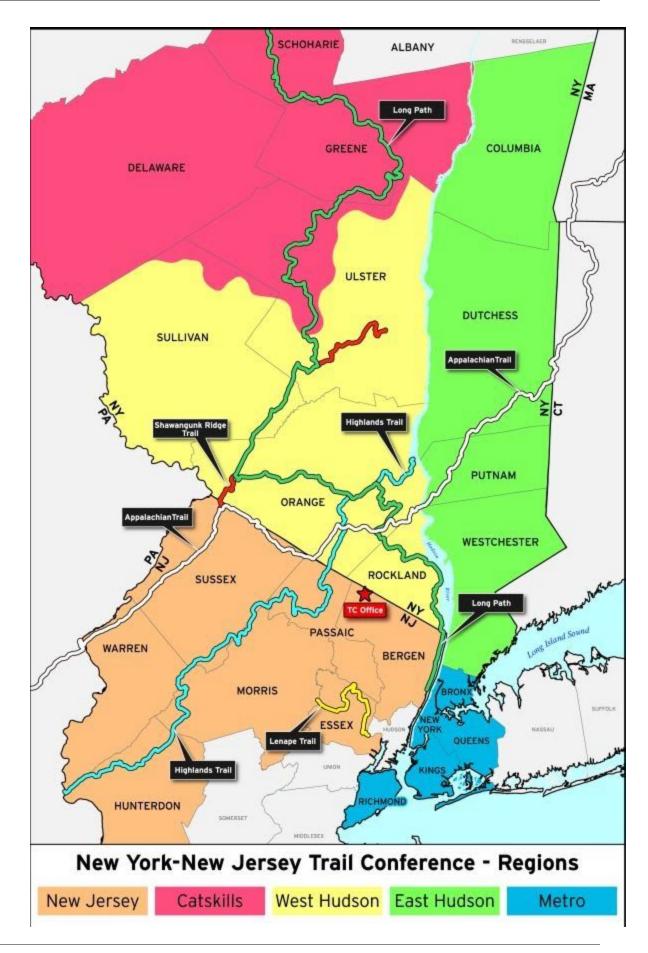
The Executive Director is accountable to the Board. The Regional Program Coordinators (RPCs) are the primary staff members who work with the Regional Trails Council (RTC), Local Trail Committee (LTC), and Land Managers. The RPCs are also the trail-facing points of contact for the rest of the staff members.



For the most current staff directory see the About Us page on www.nynjtc.org.

- 4. **Regional Trails Councils** operate within a specific geographic region to coordinate operational activities and issues, as well as to provide input to policies and the annual plan and budget. See the <u>Regional Trails Council charter</u> for further information. There are five regions, each with an RTC:
  - a. Catskills RTC
  - b. East Hudson RTC
  - c. New Jersey RTC
  - d. Metro RTC

- e. West Hudson RTC
- f. Long Path RTC



To facilitate communication within a region and to keep up to date about Trail Conference practices and policies, trail leaders are members of a Regional Trails Council (RTC). The RTC provides networking opportunities, runs the planning process, provides training, and distributes information about Trail Conference practices and policies. The RTC elects a Chair, who works with his/her Regional Program Coordinator to develop agendas and ensure adequate communication about meetings.

Voting members include the RTC Chair(s), Local Trail Committee (LTC) Chairs, Supervisors, Corridor Managers, Crew Chiefs and Leaders (from trail crews that publish work trips on website and submit reports), and designated representatives from program committees. Other volunteers in the region may participate as non-voting members. Each RTC is organized in the same way, as represented in the above organization diagram.

Regional Maintainers, Monitors, and Crew Members are the hundreds of volunteers throughout the four regions. Maintenance is delivered by individual volunteers, maintaining clubs, trail maintenance crews, or through episodic events. All maintenance, restoration, or building is done as part of smaller supervisory groups and crews that make up the four regions. The Corridor Managers and Monitors are Appalachian Trail-specific positions.

- 5. Local Trails Committees (LTC) recruit and organize volunteers, work with agency partners and staff to provide trail users with a high-quality, well-maintained trail network in a specific LTC geographic area within an RTC. The LTC Chairs, Supervisors, Crew Leaders, Long Distance Trail Crew Leaders, and Corridor Managers are members of the RTCs. See the Local Trails Committee charter for further information.
- 6. Invasives Strike Force (ISF) The Invasives Strike Force is a Trail Conference managed program. The program involves surveying volunteers trained to identify 14 common invasive plants and advanced volunteers who can also identify 11 invasive plants which are just emerging as problems in our area. The surveying volunteers hike the trails and report where these invasive plants are located. The ISF organizes and runs invasive plant removal workdays and a dedicated ISF Conservation Crew that perform surveys and removals throughout the summer. The ISF is coordinated by the Director of Land Stewardship.
- **7. Conservation Corps** is a Trail Conference managed program with 50-60 AmeriCorps members hired for the duration of the season from May through October. The Conservation Corps trains, enables, and empowers future conservation leaders by teaching sustainable trail building and stewardship techniques.
- **8. Member Clubs** are established by the Trail Conference Bylaws are:

"Organizations offering hikes, maintaining or monitoring hiking trails or trail lands in New York or New Jersey, or owning land on which hiking trails are maintained, are eligible for membership as Member Organizations. Other organizations that support the Trail Conference's goals but are not qualified to become Member Organizations shall be eligible for membership as Supporting Organizations. Each application from an organization seeking admission either as a Member Organization or as a Supporting Organization shall be submitted to the Executive Director, or to his or her designee, for review and approval, subject to review by the Board. Member Organizations, but not Supporting Organizations, shall have voting rights as provided below in the bylaws.

Each Member Organization shall be entitled to select from among its members an "Organization Delegate" who shall have one vote. It may or may not be the Club Trail Supervisor."

Some member clubs also maintain trails. The Club Trail Chair or Supervisor coordinates the work of the club members who maintain trails, is responsible for ensuring all assigned maintenance work is done, and reports activities to the Trail Conference Trail Supervisor.

# 3. Policies, Practices and Background Documents

Policies, Practices, Guidelines, or Processes, and Charters are foundation documents that guide the operation of the Trail Conference at all levels of the organization.

- Basic principles formulated as policies direct and guide the actions of the Trail Conference in pursuit of long-term goals. All policies are reviewed and approved by the Board of Directors.
- The "how" questions are addressed through guidelines, practices and processes. These are second tier documents that typically support one or more policies and do not require Board approval.

### 3.1. Policies

The following mission-related policies have been approved by the Trail Conference Board. Mission-related policies guide the direction and management of trails:

- <u>Conservation and Advocacy Policy</u> approved June 22, 2010
- <u>Publication Policy</u> approved July 30, 2013
- Sawyer and Swamper Policy approved August 1, 2013
- Trail Management Policy approved May 9, 2017
- Trail Use Policy approved October 24, 2017
- Youth Policy approved March 29, 2011

The following corporate governance policies have been approved by the Trail Conference Board. Corporate governance policies guide the Board and the organization:

- Code of Conduct
- Confidentiality Policy
- Conflict of Interest Policy
- <u>Document Retention and Destruction</u>
- Gift Acceptance Policy
- Investment Policy
- Lapsed Organization Member
- Nominating
- Press Policy
- Privacy Policy
- Property Naming Policy
- Voting Member Meeting Policy
- Whistleblower Policy
- Wholesale Return Policy
- Youth Policy

### 3.2. Practices

The above policies are supported through practices that provide specific how-to guidelines. Practices are approved by the Policy Council.

- <u>Definition of Terms</u> list of terms used in approved policies and practices
- Guidelines for Blazing Trails approved September 6, 2015
- On-Trail Position Descriptions
- Outdoor Activity Safety Guidelines approved by the Policy Council on February 6, 2017.
- Trail Project Approvals approved by the Policy Council on June 25, 2019
- Recommended Blaze Colors approved February 13, 2008.
- <u>Trail Design Standards</u> approved December 13, 2016. The standards define a set of classification guidelines to ensure the character of a trail as agreed to by Land Managers and LTCs is maintained after maintenance, repair, or new trail building work is completed.
- <u>Trail Maintenance Manual</u> 7th edition. Substitute RTC for all references to Trails Council in the Trail Maintenance manual.
- Volunteer Handbook approved March 24, 2009. The Handbook provides new volunteers with an introduction to the Trail Conference. Please note that some of the organizational descriptions are dated and superseded by the information in this document.

# 3.3. Background Documents

Additional documents such as the latest Bylaws, Committees Chairs, and Trail Conference history are available on the website. See <u>About Us Resources page on www.nynjtc.org</u>.

# 4. Roles, Responsibilities and Resources

There are many volunteer and staff roles that support the Trail Conference trails program. Whether as a leader or a worker bee, all roles contribute to keeping our trails open to the public. Each role is identified and linked to its associated responsibilities and available resources.

# 4.1. Shared Leadership Responsibilities and Best Practices

The following responsibilities are shared by all leadership roles:

- Operate in a safe manner at all times
- Act in accordance with Trail Conference policies and practices
- Communicate with staff and other volunteers to coordinate work and personnel
- Delegate whenever possible to ensure that work is done
- Ensure that the reporting identified in <u>Reporting, Trail</u>
   <u>Information and Resources</u> are completed and submitted on time
- Follow best practices relevant to each position

The following best practices are shared by all leadership roles:

- Solve on-the-ground and personnel problems
- Attend RTC and committee meetings



- Participate in annual planning
- Recruit and train volunteers
- Plan for succession
- Recognize the contributions of volunteers
- Take Trail U workshops
- Participate in at least one of the following, according to your interests and abilities:
  - Help at outreach tabling events,
  - Become a certified chain sawyer,
  - Teach or assist at Trail U workshops,
  - Review proofs of maps,
  - o Develop and run a trail crew, or
  - Work on special projects

### 4.2. Volunteer Roles

Because the Trail Conference began as a volunteer run organization, a three tier structure was developed to manage trail volunteers: generically maintainers, Supervisors/Corridor Managers, Local Trail Committee chairs. Over the years, as the Trail Conference took on more miles of trails and additional responsibilities, additional volunteer positions were developed. Full time staff was hired and more trail crews were created to build and repair high usage trails.

# 4.2.1. Regional Trails Council (RTC) Chairs

As head of the Regional Trails Council, the RTC Chair organizes and runs meetings which help trail leadership gain insight and expertise on local operational issues. The RTC chair coordinates operational activities and issues within a specific geographic region and provides input with respect to policies and the annual plan and budget. The Executive Director, in consultation with the Local Trail Committee chairs in the region and the Regional Program Coordinator, annually appoints the RTC chair for a renewable term of one calendar year. The RTC chair may be removed by the Executive Director and replaced in consultation as described above.

At the discretion of the RTC Chair, a Vice-Chair may also be appointed to share the responsibilities and duties of the Chair. If applicable, the RTC Chair responsibilities and resources apply to the Vice-Chair.

The RTC chair and the Regional Program Coordinator collaborate as a team to match organizational goals and objectives with an annual plan that coordinates activities within the region.

The RTC Chair collaborates with Local Trail Committee Chairs, Supervisors, Crew Chiefs, Crew Leaders, Corridor Managers, Program Coordinator and Committee Chairs.

#### Responsibilities:

- RTC Chair job description
- Management practices
  - Shared Leadership Responsibilities and Best Practices
  - Volunteer Management
  - o <u>Land Manager Relationships</u>
  - Money Matters
- Policies, Practices & Background
- Safety

#### **Resources:**

- Best Practices
- Communications
- My Dashboard on www.nynjtc.org
- Reporting, Trail Information and Resources
- Trail Conference Owned Property
- Tools
- Working with External Organization Volunteers

# 4.2.2. Local Trail Committee (LTC) Chair

As the point person in a defined geographic region, the LTC Chair is responsible for planning and reporting on the maintenance and development of the trail network. To carry out this role, the LTC Chair communicates and coordinates on a regular basis with agency partners and land managers, Supervisors, Corridor Managers, Crew Chiefs, the Regional Program Coordinator, and other staff. Depending on the needs of the region, the LTC Chair may delegate that a Trail Supervisor is the contact to a Land Manager. While LTC Chairs are the volunteer leaders who organize and effectively run their committee, they can delegate some aspects of those meetings to other volunteers.

#### **Responsibilities:**

- LTC Chair job description
- Management practices
  - Shared Leadership Responsibilities and Best Practices
  - Volunteer Management
  - Land Manager Relationships
  - Money Matters
- Policies, Practices & Background
- Safety

#### **Resources:**

- Chair and Leaders Best Practices
- My Dashboard on www.nynjtc.org
- New LTC Chair to do list
- Reporting, Trail Information and Resource
- Trail Conference Owned Property
- Tools
- Working with External Organization Volunteers

# 4.2.3. Trail Supervisor

Ensuring that the trails in the Supervisor's area provide a positive hiking experience for the public is an easy way to describe what Trail Supervisors do. But they also have to take care of Trail Maintainers providing them the resources to accomplish the job and to cultivate a pleasant and rewarding volunteer experience. Ongoing contact with each Maintainer is a way of motivating them and recognizes their contributions in a positive manner.

A Trail Supervisor reports to the Local Trail Committee (LTC) Chair and is part of the Local Trail Committee and the Regional Trails Council.

#### Responsibilities:

- <u>Trail Supervisor job description</u>
- Encourage maintainers to take more advanced workshops
- Follow blazing standards established by the Land Manager
- Management practices
  - Shared Leadership Responsibilities and Best Practices
  - o Volunteer Management
  - Land Manager Relationships
  - Money Matters
- Policies, Practices & Background
- <u>Safety</u>

#### **Resources:**

- Find a sawyer
- My Dashboard on www.nynjtc.org
- New Supervisor To Do List
- Reporting, Trail Information and Resources
- Supervisor Best Practices
- Trail Conference Owned Property
- Tools
- Working with External Organization Volunteers

#### 4.2.4. Trail Maintainer

Working behind the scene and but sometimes in full view, Trail Maintainers make it possible for hikers to enjoy the outdoors on trails that the Trail Conference maintains. Frequently maintainers sign up because they love to hike and want to "pay back" so that others can enjoy hiking. Once part of the volunteer trail community, they never see hiking trails in the same way.

#### Responsibilities:

- Trail Maintainer Job description
- Take the Trail Maintenance workshop
- Management practices
  - Volunteer Management
- Policies, Practices & Background
- Safety

- Blazing Guidelines
- Maintainer Best Practices
- My Dashboard on www.nynjtc.org
- Paint Color Standards
- Reporting, Trail Information and Resources
- Trail Maintenance Manual 7th Edition
- Trail U Workshops
- <u>Tools</u>

### 4.2.5. Club Trail Supervisor

Member Clubs that are member organizations are responsible for providing maintainers and a Supervisor of those maintainers for the trails that they have agreed to maintain. The Trail Conference uses the job title Club Trail Supervisor to refer to the Supervisor of the club maintainers, regardless of what title the Club uses. Trail workers in member clubs report to their Club Trail Supervisor who is responsible for ensuring all assigned maintenance work is done, and reports their work to the Trail Conference Trail Supervisor.

Trail Conference Supervisors do not directly interact with the club maintainers except at their request. The clubs do not interact with the Land Managers, except through the Trail Conference Supervisor. The clubs are responsible for funding any work they do on their trail segments but may ask for Trail Conference resources through the Trail Conference Supervisor and the budgeting process.

#### Responsibilities:

- Trail Maintainer Job description
- Take Trail U workshop Introduction to Trail Maintenance
- Management practices
  - Volunteer Management
- Policies, Practices & Background
- Safety

#### **Resources:**

- Blazing Guidelines
- Maintainer Best Practices
- My Dashboard on www.nynjtc.org
- Paint Color Standards
- Reporting, Trail Information and Resources
- Shared Leadership Responsibilities and Best Practices
- Trail Maintenance Manual 7th Edition
- Trail U Workshops

# 4.2.6. Corridor Manager

The Corridor Manager is responsible for designing and implementing the club's corridor monitoring program. Note that the ATC refers to this position as Monitor Coordinator.

#### **Responsibilities:**

- Corridor Manager Job Description
- Management practices
  - Shared Leadership Responsibilities and Best Practices
  - o <u>Volunteer Management</u>
- Policies, Practices & Background
- Safety

- AT Corridor Stewardship Field Book
- My Dashboard on www.nynjtc.org
- Reporting, Trail Information and Resources
- Shared Leadership Responsibilities and Best Practices

### 4.2.7. Corridor Monitor

A Corridor Monitor gathers and reports information about their assigned section of the corridor and its boundaries through periodic, on-the-ground inspections.

#### Responsibilities:

- Corridor Monitor Job Description
- Management practices
  - o <u>Volunteer Management</u>
- Policies, Practices & Background
- <u>Safety</u>

#### **Resources:**

- AT Corridor Stewardship Field Book
- Best Practices
- New Corridor Monitor to do list
- Appalachian Trail rare plant monitoring
- My Dashboard on www.nynjtc.org
- Reporting, Trail Information and Resources

## 4.2.8. Trail Crew Chief and Crew Leader

Repairing and building trails with a Trail Crew is the job of a Crew Chief with assistance of a Crew Leader. The former may appoint one or more Crew Leaders to perform technical and administrative tasks necessary to run the crew, including overseeing the crew at the work site in the absence of the Crew Chief. Projects include, but are not limited to trail design/construction and building crib walls, steps, other rock work and bridges. Work may also involve brush clearing, removal of blowdown, clipping, invasive removal, etc.

Some crews function only with a "leader," who serves the same function as the Crew Chief. Sometimes the same individual be a Supervisor and be in charge of a crew. Formal crews and informal crews can be formed for a specific project. They follow the same reporting and safety guidelines as a crew with a designated leader.

#### Responsibilities:

- Trail Crew Chief job description and Trail Crew Leader job description
- Management practices
  - Shared Leadership Responsibilities and Best Practices
  - o <u>Volunteer Management</u>
  - o <u>Land Manager Relationships</u>
  - Money Matters
- Policies, Practices & Background
- Safety
- Basic First Aid/CPR at a minimum is recommended.
- Wilderness First Aid training is recommended.

- Trail Crews Best Practices
- New Crew Leader to do List
- Crew Work Trip report

- Crew Chief Summary Report
- My Dashboard on www.nynjtc.org
- Reporting, Trail Information and Resources
- Trail Conference Owned Property
- Tools
- Working with External Organization Volunteers

#### 4.2.9. Trail Crew Member

Under the direction of a Trail Crew Chief or Crew Leader, Trail Crew Members restore and build our trails. They are not afraid to get their hands and boots dirty. Loving the camaraderie with others who enjoy hiking and to be part of a project are what makes a Trail Crew Member tick. They say and do safety first, fun second, and then work done. Unlike Maintainers and Monitors, Trail Crew Members do not have to fill in report forms.

#### Responsibilities:

- <u>Trail Crew Member job description</u>
- Knowledge of basic First Aid and CPR is recommended
- Report on all work trips and complete summaries for reporting periods
- Management practices
  - o <u>Volunteer Management</u>
- Policies, Practices & Background
- Safety

#### **Resources:**

- Trail Crews Best Practices
- My Dashboard on www.nynjtc.org
- Reporting, Trail Information and Resources

# 4.2.10. Sawyers and Swampers

The Trail Conference defines a Sawyer as an individual with current Trail Conference (USDA Forest Service) certification for operating a chainsaw or crosscut and who maintains current First Aid and CPR certification. Wilderness First Aid is recommended. A swamper is anyone assisting a Sawyer and may be another sawyer. Swampers are recommended to have First Aid and CPR certification.

Sawyers and Swampers work within and across regions depending on where they are needed. They submit a report via the <u>work trip report form</u> to the LTC Chair, Supervisor, or Crew Chief who had done the work.

#### **Responsibilities:**

- Sawyer Job description
- Maintain current sawyer certifications
- Basic First Aid/CPR at a minimum is required.
- Management practices
  - Shared Leadership Responsibilities and Best Practices
  - Volunteer Management
- Policies, Practices & Background
- Safety

#### **Resources:**

- Sawyers best practices
- Find a sawyer
- My Dashboard on www.nynjtc.org
- Reporting, Trail Information and Resources
- Resources for Sawyers and Swampers
- Tools

# 4.2.11. Invasive Plant Surveyor

The Partnership for Regional Invasive Species Management (PRISM) utilizes volunteers to survey invasive plants that are along the trails the Trail Conference maintains. Volunteers are required to attend a one-day <u>training workshop</u> held in late spring or early summer to learn how to identify 14 common invasive plants, collect data for the <u>Invasives Strike Force (ISF)</u>, and use a GPS. The GPS units can be borrowed from the Trail Conference or volunteers may use their own.

- After completing training, volunteers are assigned to a trail section approximately 2 miles long.
- Surveyors are expected to walk their assigned trail section while identifying and mapping these
  invasive plants. Data collection can be completed in one outing or over several trips the
  surveyor feels he/she has identified all of the target species along the assigned trail, but should
  be completed by the end of the summer.
- After the trail section is completed, Surveyors can ask to be assigned another section.
- Surveyors can map as many trail sections during the season as they have time for.
- Surveyors may prefer to learn the second set of invasive species and move on to Phase 2 mapping.

### Responsibilities:

- Invasive Plant Surveyor Job description
- Basic First Aid/CPR at a minimum is recommended.
- Management practices
  - Volunteer Management
- Policies, Practices & Background
- Safety

### Resources:

Invasives Strike Force page on www.nynjtc.org

#### 4.2.12. Invasives Remover

Invasives Removers participate in the Invasives Strike Force program. Removers are members of the <u>Invasives Strike Force Trail Crew</u> which holds removal work days around the region. Removers learn on-the-job and anyone can participate.

#### **Responsibilities:**

- Join the ISF project
- Basic First Aid/CPR at a minimum is recommended.
- Management practices
  - Volunteer Management
- Policies, Practices & Background
- Safety

#### **Resources:**

Invasives Strike Force page on www.nynjtc.org

## 4.2.13. Invasive Insect Trap Monitor

The Trail Conference supports the New York State Department of Environmental Conservation in monitoring invasive insects. Each volunteer is assigned to check traps in a specific location every two weeks over a two month span.

#### Responsibilities:

- Invasive Insect Trap Monitor Job description
- Basic First Aid/CPR at a minimum is recommended.
- Management practices
  - Volunteer Management
- Policies, Practices & Background
- Safety

#### **Resources:**

Invasives Strike Force page on www.nynjtc.org

# 4.2.14. Appalachian Trail National Heritage Program Monitor

The Trail Conference supports the Appalachian Trail Conservancy and National Park Service in monitoring rare and endangered plants along the Appalachian Trail. This program is overseen by the Director of Land Stewardship.

- Each volunteer is assigned to check on a single species in a specific location and typically only makes one monitoring visit per year.
- Volunteers should have good plant identification skills and preferably some background with plants (landscape designer, master gardener, botany training, etc.),
- Need to be able to hike at least 4 miles, possibly over steep and uneven ground, to and from the monitoring location, and need to be comfortable going off-trail to look for the assigned species.

### Responsibilities:

- Appalachian Trail National Heritage Program Monitor job description
- Management practices
  - Shared Leadership Responsibilities and Best Practices
  - Volunteer Management
- Policies, Practices & Background
- Safety

#### **Resources:**

- My Dashboard on www.nynjtc.org
- Reporting, Trail Information and Resources

#### 4.2.15. Committee Chair

Many volunteers donate their expertise, experience and time by chairing committees. Committees extend the overall capabilities and functions of the the Trail Conference. Committees may be

trails-related such as the Appalachian Trail Coordinating or Sawyers committees, program or function oriented such as the Publications committee.

#### Responsibilities:

- <u>Program Committee Chair job description</u> draft
- <u>Committee Best Practices</u>
- Management practices
  - Shared Leadership Responsibilities and Best Practices
  - o Volunteer Management
  - o <u>Land Manager Relationships</u>
  - o Money Matters
- Policies, Practices & Background
- Safety

#### **Resources:**

- My Dashboard on www.nynjtc.org
- Reporting, Trail Information and Resources

#### 4.2.16. Committee Members

The charters for specific committees charters outline member responsibilities. In addition, committee members are encouraged to take on responsibilities outlined in the Best Practices.

#### Responsibilities:

- Committee Member job description
- Attend and participate in all meetings; let chair know if not available and provide status for assigned tasks or action items.
- Take on delegated tasks and complete them outside of meetings.
- Complete deliverables by the committed deadlines.
- Stay current with committee activities through regular emails; keep committee members with a need to know in all communications.
- Consider taking on additional responsibilities such as chair, vice chair or secretary.
- Members who are also board members ensure that the board expectations and perspectives are represented.
- Committee Best Practices
- Management practices
  - Volunteer Management
- Policies, Practices & Background

#### **Resources:**

- My Dashboard on www.nynjtc.org
- Reporting, Trail Information and Resources

### 4.3. Staff Roles

# 4.3.1. Regional Program Coordinator

Regional Program Coordinators (PC) are the primary staff who work with the Regional Trails Council (RTC), Local Trail Committee (LTC), and Land Managers, and are the trail-facing points of contact for the

rest of the staff. Program Coordinators are usually the primary "go-to" employees for requests and questions pertaining to a specific region. In addition to their other responsibilities Program Coordinators act as Trail Supervisors and Trail Chairs in areas where those positions are vacant to ensure that local trail issues don't fall by the wayside as new volunteer leaders are sought.

Each PC is responsible for a particular geographic region; as of 2020 these are divided along the state line between the New Jersey Program Coordinator and New York Program Coordinator. Activities include implementing and supporting the organization's programs in each area to accomplish the Trail Conference's mission and strategic goals. The PC facilitates the team of staff, land managers and volunteers responsible for the trail experience. This position reports to the Trail Program Manager and is ultimately accountable to the Executive Director.

#### Responsibilities:

- Regional Program Coordinator job description
- Management practices
  - Shared Leadership Responsibilities and Best Practices
  - Volunteer Management
  - o <u>Land Manager Relationships</u>
  - Money Matters
- Policies, Practices & Background
- Safety

#### **Resources:**

- Communications
- Regional Program Coordinator best practices
- My Dashboard on www.nynjtc.org
- Reporting, Trail Information and Resources
- Trail Conference Owned Property
- Tools
- Working with External Organization Volunteers

#### 4.3.2. Trail Builders

The Trail Conference has a single Senior Trail Builder who oversees one or more Field Trail Builders, depending on project load and seasonal funding. The role of a Trail Builder is to be the Trail Conference's staff-side institutional expertise in technical trail building. The primary function of the Trail Builders is to work on project planning, training, and field oversight for the Trail Conference Conservation Corps. They work closely with partners and land managers to ensure that project goals are attainable, technical work is high-quality, and contract obligations are fulfilled. The Trail Builders work alongside volunteer leaders in varying capacities, depending on the contract and project.

In addition to working with the Conservation Corps, Trail Builders can be requested for input and guidance on volunteer-led projects. Trail Builders also conduct technical Trail U workshops such as Trail Layout and Design, Stone Step Construction, and more. While the Senior Trail Builder is a full-time position, Field Trail Builders may operate in a full-time capacity or be hired on a seasonal basis for certain projects.

#### Responsibilities:

- <u>Trail Builder job description</u> (previously the position was called Field Manager)
- Management practices
  - Shared Leadership Responsibilities and Best Practices

- o Volunteer Management
- Land Manager Relationships
- Money Matters
- Policies, Practices & Background
- Safety

#### **Resources:**

- Field manager best practices
- Communications
- My Dashboard on www.nynjtc.org
- Reporting, Trail Information and Resources
- Trail Conference Owned Property
- Tools
- Working with External Organization Volunteers

## 4.3.3. Senior Engagement Manager

The Senior Engagement Manager develops and sustains the Trail Conference's volunteer base by planning, implementing, and evaluating staff and volunteer relations, volunteer policies, programs, and Practices.

The Senior Engagement Manager works with staff and existing volunteers to recruit community leaders and mobilize new volunteers to strengthen the capacity of the organization; develops, plans and executes effective volunteer programs; meets with committee chairs and other volunteer leaders to improve outreach and determine what is needed to enhance the productivity and satisfaction of the volunteers they oversee. The Senior Engagement Manager works closely with the Executive Director and senior staff to support the strategic plan and execution of programs that engage staff and volunteers to accomplish the organization's mission.

#### Responsibilities:

- Volunteer Coordinator job description
- Management practices
  - Shared Leadership Responsibilities and Best Practices
  - o Volunteer Management
  - Land Manager Relationships
  - Money Matters
- Policies, Practices & Background
- Safety

- Senior Engagement Manager best practices
- Communications
- My Dashboard on www.nynjtc.org
- Reporting, Trail Information and Resources
- Trail Conference Owned Property
- Tools
- Working with External Organization Volunteers

### 4.3.4. Trail Program Manager

The Trail Program Manager supports the organization's trail-focused objectives and strategies, including support and leadership for the staff Program Coordinators, Trail Builders, and volunteer RTC committees. A major task of the Trail Program Manager is ensuring the quality and consistency of programs across all regions, sharing best practices and communicating organizational messages clearly.

The Trail Program Manager serves as the staff liaison for long-distance trail committees and interstate relationships, reducing the logistical challenges of managing projects and relationships that span both New York and New Jersey. The Trail Program Manager also works on MOUs, technical trail planning, and other time-intensive tasks so that Program Coordinators may focus on their core obligation of supporting volunteers.

#### Responsibilities:

- Volunteer Coordinator job description
- Management practices
  - Shared Leadership Responsibilities and Best Practices
  - Volunteer Management
  - o <u>Land Manager Relationships</u>
  - Money Matters
- Policies, Practices & Background
- Safety

#### **Resources:**

- Senior Engagement Manager best practices
- Communications
- My Dashboard on www.nynjtc.org
- 6. Reporting, Trail Information and Resources
- 7. <u>Trail Conference Owned Property</u>
- 8. <u>Tools</u>
- 9. Working with External Organization Volunteers

#### 9.1. Trail Crews

Volunteers, staff, and Conservation Corp (AmeriCorps) members come together in the field to work as Trail Crew teams. Their priority is safety first, fun second, work third. This section describes the types of Trail Crews that operate throughout the four regions.

#### 9.1.1. Volunteer Trail Crews

The many rock steps, bridges, boardwalks, and bog bridges are the product of thousands of trail building hours of work performed by all-volunteer trail crews. The crews design, construct, and rehabilitate the hiking trails in our region. With plenty of on-the-job training, newcomers to the crew feel right at home on our crews. Trail crews usually meet on the weekends, in groups of six to ten persons. These dedicated men and women head off into the woods, armed with high spirits, rugged determination, and the knowhow to accomplish the task at hand. Our crews work as far north as the Catskill Forest Preserve and as far south and west as the Delaware Water Gap.

### 9.1.2. Conservation Corps Trail Crews

The Trail Conference manages the Conservation Corps which is filled with AmeriCorps members who work 900 hour terms throughout the year. The Conservation Corps trains, enables, and empowers future conservation leaders by teaching sustainable trail building and stewardship techniques. Corps crews engage and teach community volunteers on the responsible use and care of open space by addressing the needs of land managers. The Trail Conference Conservation Corps is a member of the Corps Network AmeriCorps Education Award Program.

Conservation Trail Crews Corps extend the Trail Conference trail building capacity and are typically funded through specific restricted grants. The projects vary widely based on project stipulations dictated by partners and land managers - variables include the number of crews run a year, the hour commitment of each crew, the work season, the involvement of traditional volunteers alongside Corps members, public training workshop requirements, and more.

Work varies widely and may include technical stone work, GPS inventory and assessment, invasive species removal, and more. Crews always encourage volunteers to attend public work days throughout the season.

# 9.1.3. Invasives Strike Force (ISF) Trail Crew

Unlike other trail crews that serve a particular LTC or Supervisor, the Invasives Strike Force (ISF) Trail Crew works in different parks and regions as needed, but primarily in the New Jersey, West Hudson and East Hudson regions. The projects are selected by the Director of Land Stewardship and run by staff or seasonal Conservation Corps members qualified in invasive species identification and removal techniques. Volunteers receive on-the-job training and anyone can participate.

# 10. VOLUNTEER MANAGEMENT

From its beginning in 1920, volunteers have been part of the Trail Conference. It was not until 1974 that the first staff person was hired. As the Trail Conference's responsibilities have grown so has the number and type of staff and volunteers increased. Based on the number of hours worked, both on-trail and off-trail volunteers are the equivalent of 30 full time employees.

Both staff and volunteers are involved with managing volunteers. For example, LTC Chairs appoint and manage Supervisors who, in turn, manage maintainers. For the AT committees, a Corridor Manager supervises Monitors. LTC Chairs are appointed by the Board of Directors based on the Executive Director's recommendation.

The relationship between LTC Chairs and their Program Coordinators is based on trust and delegation. They are a team that makes trails possible.

In some sense, RTC meetings are part of volunteer management as they provide a forum for discussion of issues and dissemination of information.

Volunteer management includes

- Recruiting and retaining volunteers
- Providing formal education learning opportunities such as Trail U workshops and on-the-job training
- Report on completed work
- Assist with recruiting

- Motivate and mentor
- Recognize and celebrate contributions
- Insurance

The three R's of volunteer management - Recruit, Retain, and Recognize are only a part of a successful volunteer management program. Recruiting includes orientation and some education. Retention means providing an environment and culture that volunteers enjoy.

# 10.1. Recruiting Volunteers

A volunteer powered organization must constantly recruit - whether it is for episodic volunteers, ones with on-going but few hour per year or positions with responsibility. Any position with volunteer management responsibilities is involved with recruiting whether making the ask or filling a position with someone who is interested.

No single recruiting method works best to fill every volunteer position. What works for recruiting many people for the same job is different than recruiting for a trail leadership position. The table gives recruiting methods with examples of where it could be used as well as the advantages and disadvantages.

Do it Yourself									
Method	Used to Find	Advantages	Disadvantages						
Email to targeted groups	<ul> <li>Maintainers, monitors, crew members</li> <li>Projects needing many people</li> </ul>	Inexpensive     Easy to forward and reply	<ul> <li>Reaches only those who reveal their email address</li> <li>Impersonal</li> </ul>						
Contact a group	Many volunteers for a large project	<ul> <li>Someone else finds volunteers</li> <li>Serves as a recommendation</li> </ul>	<ul> <li>Message of what you want could be lost</li> <li>Might get a variety of skill levels, some not useful</li> </ul>						
Volunteer interest sheet from website	Any of the jobs listed on the sheet	They have expressed interest	Unknown what they have any track record						
Seen in action	<ul> <li>Trail Supervisor</li> <li>In a similar position</li> <li>Likely able to assume more responsibility</li> </ul>	Has a track record that might or might not be valid	<ul> <li>Risk taking them from another project</li> <li>Must ask them</li> </ul>						
Recommendation	Opportunities requiring specific skills (board members )	Has a track record	Need to follow up     Must ask person						
Targeted phone call	<ul> <li>Folks to help on work trips or attend workshops</li> </ul>	Personal	Cold calls are never fun						
Workshop	Maintainers, monitors, trail crew members,	Folks who are interested	Dates might not be convenient						

Speaker at meeting	<ul><li>Particular projects</li><li>Project requiring episodic volunteers</li></ul>	<ul><li>Captive audience</li><li>Group enthusiasm</li></ul>	people feel you are putting them on the spot
Word of mouth or seen on the trail	<ul><li>Maintainers</li><li>Monitors</li><li>Trail Crew members</li></ul>	Can gauge interest immediately	Some might not follow through
Over the transom	Almost anything	Wants to help	Suitable opportunity not currently available
Volunteer recruitment event	<ul> <li>Projects requiring sheer numbers</li> <li>Groups interested in becoming involved</li> </ul>	<ul> <li>Time efficient</li> <li>Needs a more elaborate presentation</li> <li>Group enthusiasm</li> </ul>	<ul><li>Might not be convenient</li><li>Cost to present</li></ul>
Sign up sheets at a tabling event	Maintainers, monitors, trail crew members	Wants to help	Follow up is passed along to others

Coordinate with Program Coordinator or Communications Manager										
Method	Used to Find	Advantages	Disadvantages							
Email to targeted groups	<ul> <li>Maintainers, monitors, crew members</li> <li>Projects needing many people</li> </ul>	<ul><li>Inexpensive</li><li>Easy to forward and reply</li></ul>	<ul> <li>Reaches only those who reveal their email address</li> <li>Impersonal</li> </ul>							
Ad on website that lists volunteer opportunities	<ul> <li>Maintainers, monitors, crew members</li> <li>Committee members with specialized skills</li> </ul>	Wide scope of people; contact if interested	<ul> <li>Might not be suited (non member)</li> </ul>							
Article in local or regional newspaper	Opportunities listed in article	Wide broadcast	<ul> <li>Cannot control content of article</li> <li>Miss people who do not subscribe</li> </ul>							
Facebook	Projects needing many people	<ul><li>Inexpensive</li><li>Immediate results</li><li>Don't need a mailing list</li></ul>	Reaches only those who have friended your page							
Twitter	Large project needing people on short notice	Inexpensive and immediate	No control as to where it goes							
Rack card, flyer, or poster	Advertise workshop, work rip or special event	Broadcast to wide audience	Impersonal     Perception of junk mail							
Volunteer match website	<ul><li>Large projects with low skill</li><li>Position with high skills</li></ul>	Wide broadcast of needs	For positions of high skill, match with mission is important							

# 10.1.1. Finding Maintainers and Monitors

When Supervisors or Corridor Managers need to replace maintainers and monitors, they should let their LTC know about vacancies. Ways fill vacancies include:

- Run a trail maintenance workshop often the best way
- On the trail when an interested party stops and asks
- Placing an ad in the e-walker
- Sending a blast email to selected zip codes
- Sign up sheets at tabling events
- Letting others know of your need(s) via a phone call.

# 10.1.2. Finding Supervisors and Corridor Managers

The LTC and the Program Coordinator should review the job description, best practices, and a list of Maintainers or Monitors in that area.

- See who, if any, has those most of those skills or you think would be to interested in assuming more responsibility
- Identify someone who could assist you, ask him/her if interested, and then begin to have he/she assist you in selected tasks.
- Gradually shift responsibilities

# 10.1.3. Finding Crew Chiefs and Crew Leaders

- Consider Crew Leaders interested to take on more to see if responsibilities can gradually be shifted.
- Look among the crew members for those who gravitate towards and have an interests in leading a team.

# 10.1.4. Filling an ad hoc or new leader position

Ad-hoc positions may include running a tabling event or a work trip:

- Ask volunteers who have similar skills for recommendations or if they are interested
- Targeted email based on interests
- Develop a Trail U course

# 10.2. Volunteer Eligibility and Membership Requirements

Volunteers do not need to be members of the Trail Conference, but they are agents of the Trail Conference in interactions with the public or our partners. As such, they need to know the bounds of what they can and cannot do, e.g. <u>Code of Conduct</u>, non-disclosure or confidentiality agreements, statements to the press, following established Trail Conference policies and procedures, and obeying state and local laws.

Any volunteer under the age of 18 -- and not working as a member of an adult supervised Trail Conference member club that has already obtained guardian/parental permission -- must submit a signed and completed Trail Conference Guardian/Parental Permission form to the Trail Conference prior to participating in a Trail Conference sponsored activity. See <a href="Working With External Organization">Working With External Organization</a> Volunteers.

### 10.3. Orientation

LTC Chairs, Supervisors, Corridor Managers, and Crew Leaders orient and train their new Maintainers, Monitors, and Crew Members, respectively. Orientation should also include information about the Trail Conference.

Who	What	By whom
Maintainer	Trail U, Site visit	Supervisor
Monitor	Trail U, Site visit	Corridor Manager
Crew member	Tailgate safety talk, On the job, Trail U	Crew Chief/Crew Leader
Supervisor	Trail U, New Supervisor to do List, Review TMG	LTC Chair
Corridor Manager	Previous position as Monitor	AT Committee Chair
LTC Chair	Trail U, New LTC Chair to do List, Review TMG	Another LTC Chair and PC
Crew Chief	Previous experience but from where	Existing or retiring

# 10.4. Volunteer Service Agreements (VSA)

States, regions and parks place various requirements on when and where volunteers must file a volunteer agreement.

# 10.4.1. New Jersey

The Delaware Water Gap volunteers are covered as a whole through the Trail Conference organization volunteer agreement.

For the Morristown parks, the LTC Chair or Supervisor will provide a VSA to each volunteer before working on the trails. Once filed, the form is valid for the duration of volunteering.

#### 10.4.2. New York

#### New York State Office of Parks Recreation and Historic Preservation (OPRHP):

- All volunteers who work in NY state parks managed by the New York State Office of Parks
  Recreation and Historic Preservation (OPRHP) must complete annually a Volunteer Service
  Agreement (VSA).
- The OPRHP VSA must be completed before any work begins in OPRHP managed parks and is valid through December 31st of the calendar year in which it is signed.
- Friends joining maintainers on the trail must also complete the VSA form before work begins.

#### NY State Department of Environmental Conservation (DEC):

- A one-time DEC form must be completed by all volunteers working in the Catskills, SRT and Southern Shawangunk Ridge and mailed to the Catskills Regional Program Coordinator at the <u>Trail Conference office</u>. Once filed, the form is valid for the duration of volunteering.
- Additionally, DEC should be notified by volunteers each time they set out on a maintenance trip, no matter what type of work.

#### **Appalachian Trail in NY:**

• For the Appalachian Trail in NY, the National Park Service requires a VSA, which as of 1/1/2018 is under revision.

#### **Resources:**

- VSA for Morristown Historical National Park
- <u>DEC Volunteer Service Agreement</u>
- <u>OPRHP Volunteer Service Agreement</u> outlines requirements for the region. The form must be completed before the first workday. Mail the form to the applicable region address shown on the form.

# 10.5. Training: Trail University

The training workshops offered by the Trail Conference are known as Trail University (Trail U). These workshops teach skills to ensure that volunteers know what they are supposed to do and how to do it. Trail U seeks to improve the overall quality of trails by improving trail-related knowledge, understanding and skill base of Trail Conference volunteers, staff and partners.

Experienced volunteers, professional trail workers, and staff teach the workshops for both hard and soft skills. Workshops include, but are not limited to trail maintenance, trail building, shelter caretaking, stone splitting. Participants will learn new skills, but also be inspired. Workshop sizes are small, generally hands-on, and free to active Trail Conference members.

Crew training is done both on site and through workshops by staff and experienced volunteer leaders. When warranted, volunteers may attend workshops or seminars offered by other organizations.

Trail U workshops are offered at introductory, intermediate, and advanced levels. All Introductory workshops except for chainsaw certification are free and open to all members as well as the public. Intermediate and advanced workshops generally require Trail Conference membership. Chainsaw and some specialty workshops are restricted due to workshop size and prerequisite trail experience. Workshops offered include, but are not limited to:

- Trail Maintenance
- AT Natural Heritage Monitoring Workshop
- Trail Supervisor Training Workshop
- Trail Chair Training Workshop
- Tabling Workshop
- Trail Design & Layout Workshop

Workshops for sawyer and technical rockwork require Supervisor recommendation and at least one year of field experience.

- Complete catalog of workshops
- Scheduled workshop events on www.nynjtc.org

# 10.6. Retention and Recognition

Dedicated volunteers are a core part of the Trail Conference. Just like businesses know that keeping customers is easier than attracting new ones, the Trail Conference recognizes that they have a similar situation: it is easier to retain volunteers rather than constantly replace them. The factors that encourage a volunteer to stay are under the direct control of the Trail Conference.

#### 10.6.1. Retention

An organization that wants to retain its volunteers knows they need to engage, respect, and educate. But the ways to retain a volunteer vary - one size does not fit all. They continue to volunteer not for what they can do for the Trail Conference, but what the Trail Conference can do for them. A volunteer may have more than one important motive for giving their time and effort; they can have different reasons at different times during their life.

Knowing why someone wants to volunteer is important both to attract them and retain them. But what attracts someone to volunteer might not be the same reason they stay. For example, a common reason why someone volunteers at the Trail Conference is to give back because they love to hike. But they continue to volunteer because of the opportunities to develop skills.

The flip side of why volunteers stay is why do they leave. There are only so many hours in a day and everyone had different demands on their time. Unlike paying jobs, volunteers can leave on a whim. Health, aging, or the demands of personal life such as family or work might cause a volunteer to step down. The Trail Conference has little or no effect on those decisions. But they do have some control over other factors such as poor working conditions, relationships have gone sour, disrespect of work done, lack of training or challenging tasks

Reasons why volunteers stay:

- **Social:** Being able to work with like minded people provides opportunities to socialize and make new friends.
- **Personal Growth**: Being able to contribute to the better good gives a feeling of satisfaction especially if it something you like to do.
- **Skill Development:** Some volunteers want to bring their expertise to a group, while others are looking to enhance their skills or learn something entirely new. Trail Crew members might hold a desk job, but the camaraderie of a group working with their hands has more appeal. Finding what a potential volunteer would like to develop or likes to do becomes a retention factor.
- Challenge: The lure of a challenge is a way of retaining a valued volunteer with a proven track record. For those folks who love to learn, keeping them interested means finding a suitable challenge such as taking on more responsibility or enhancing existing skills. volunteers who stay are ones who feel they are making a significant impact.

# 10.6.2. Recognition

The multiple ways to celebrate the achievement of Trail Conference volunteers include both internal and external recognitions. No matter what the level, recognitions should always mean something to the recipient, but everyone places a different value on the same recognition.

Some of the ways the Trail Conference recognizes volunteers:

- A thank you note from Trail Leaders during Volunteer Week, before and after reporting, and at holiday time.
- T-shirts recognize the largest number of Trail Conference volunteers and serves two purposes. Handed out every April with a new design or color, they not only say thank you to volunteers but also advertise the Trail Conference.
- Thanking people for participating includes: supplying food after a work trip, writing an email, holding a trail opening, hosting a volunteer picnic. Funds are available to Chairs, Supervisors, and Corridor Managers for each of their volunteers to use towards celebration event.
- An article in a local publication publicizes a volunteer's effort in the wider community is two
  fold: it recognizes the volunteer and at the same time brings attention to the Trail Conference.
  All external publicity is to be coordinated with the Communication Manager.

Types of Recognitions		Time, cost Suitablity								Given By						
		Fast and Easy	High Visibility	Long Time Volunteers	Volunteers & Staff	Youth	Youth groups	Groups >10	Groups <10	Public Officials	Land Managers	Businesses	Special circumstances	Trail leader or Staff	Volunteer Committee	Board
Food																
After work trips	•	•												•		
Volunteer recognition event		•			•			•	•					•		
Gifts																
Stickers, magnet	•	•			•	•	•							•		
Patches	•		•		•	•	•							•		
T shirt		•	•	•	•									•		
Caps			•	•										•		
Vests			•	•									•		•	
Written																
Postcards		•		•	•			•					•	•		
Names listed in a book or on a map	•	•	•		٠					•	•	•	•	•		
Letters of appreciation		•	•		•	•	•	•	•	•	•	•	•	•		
Article in ewalker or <i>Trail Walker</i>		•	•	•	٠	٠	•	٠	•	•	•	•	•	٠		
Press release or article on website		•	•	•	•	•	•	•	•	•	•	•	•	•		
Awards																
Certificates	•	•	•							•	•	•		•	•	
Unframed photos		•	•	•	•			•	•	•	•	•	•	•	•	٠
Framed photos		•	•	•	•				•	•	•	•	•	•	•	
Poster of trail or project			•							•	•	•	•	•		
Named awards			•	•	•					•	•	•	•			•

#### 10.6.3. Awards

In addition to the forms of recognition that are easy to implement, the Board of Directors annually honors key volunteers. There are 11 categories, each with specific criteria to be met.

Any Trail Conference member may nominate individuals for these awards by sending supportive statements to <a href="mailto:awards@nynjtc.org">awards@nynjtc.org</a>. The Volunteer Committee reviews all nominations and sends a

summary of each awardee to be approved by the Board of Directors. Those summaries are published in the Trail Walker and on the web. Award winners are honored and recognized at our Membership Meetings or at an appropriate venue.

In addition to the Board awards, the Distinguished Service Award can be given at any time. This award is approved by the Volunteer Committee, publicized in the Trail Walker and on the web, and can be honored at an appropriate venue.

#### Resources

- Example nominations
- Web form for nominations
- <u>Awards and honorees</u> Describes the awards and recipients; click on awardees to see past honorees and their contributions.

### 10.7. Volunteer Performance

When a trail volunteer is not doing the job as described in the job description, the Supervisor needs finding out why and if necessary encourage the volunteer to step down. Before beginning a formal process, try to find or figure out a reason behind poor performance. Some common reasons are:

- Health or aging issues for self or family members
- Failure to realize the time and scope required for the job
- Dislike of paperwork
- Not knowing how to do some aspect in the job description
- No longer interested, or interested in something else

When asking someone if they can step down, a trail leader must be tactful and remember to thank a volunteer.

While a Supervisor can't remove a Club member who is doing a poor job as a maintainer, the Supervisor should notify the Club trails chair about the problem, who likely already knows about the problem. However the Club President may need to be notified if the Club Trail Chair is not aware if the issues.

Removing a Club from maintaining a trail is similar to removing a Maintainer. But if they maintain only one trail, their membership fee would increase to be the fee charged member organizations. When such a situation arises, discuss the changes with the RPC and Executive Director.

Because the LTC Chair has a functioning relationship with a Supervisor, he/she will notice more than just a failure to report. In addition to the reasons list above, another common failure is that a Supervisor fails to contact a potential maintainer in a reasonable amount of time. An LTC Chair should have a continuing conversation with a Supervisor to help fill in the gaps.

Removing an LTC Chair has large ramifications, but sometimes it needs to be done. It might be that the LTC Chair does one part of the job extremely well such, as having an excellent rapport with land managers but falls short in other areas. Areas that frequently cause problems are:

- Dislike of recruiting or filling vacancies
- Failure to follow up on problems or projects
- Antagonistic relationships with Land Managers, other trail organizations, or Trail Conference staff

- Health or aging issues for self or family members
- Lack of time due to other obligations, such as work or family

Some LTC Chairs who are not fulfilling responsibilities hold onto the position out of a sense of obligation, feeling that if they leave nobody will take their place. Removing the LTC Chair means that a PC has to fill in the gap and sometimes something is better than nothing. Having a conversation about the shortcomings usually results in an LTC Chair seeing that they need to resign or find an assistant to fill in the gaps.

#### **Resources:**

- Reporting, Trail Information and Resources
- Procedures for removing a maintainer, club maintainer, or maintaining club.

# 10.8. Succession Planning

No one stays on a job forever. Eventually they leave whether it is a paid position or a volunteer one. Regardless of why they leave, it is prudent to plan ahead, especially if the volunteer position was one with major responsibilities. Succession planning is closely tied to recruiting. Every Trail Leader needs to think proactively about his or her replacement.

#### 10.8.1. Maintainers and Monitors

On average, there is a 10% annual turnover in Maintainers and Monitors. Supervisors and Corridor Managers need to be proactive and run a workshop every year. Coordinate with other members in your RTC so that you don't run too many in a region.

# 10.8.2. Trail Leadership Positions

The annual vacancy rate across Trail Conference trail leadership positions is about 10%. These positions are typically harder to fill than Maintainer or Monitor positions because of the responsibility involved. As for Crew Chiefs and Crew Leaders, trail building and repair skills are necessary and best done by recruiting current crew members. Finding replacements for trail leader positions is best done through succession planning.

Trail leaders periodically should think of how long they would like to stay in their volunteer positions. Finding a replacement ahead of time means that:

- Recruiting can be done under less stress see Section 5.1 for suggestions
- Training is done at the pace agreed upon by both parties
- Service continues especially with reporting
- The Land Manager gets to know the new trail leader
- Responsibilities can shift at a pace agreeable to both parties

# 10.9. Injury and Insurance Protocol

While the Trail Conference makes every effort to emphasize and support safety, the nature of the work may result in accidents. Before starting work, each individual should know what steps to take in the case of an injury. All referenced forms can be found at <a href="https://www.nynjtc.org/incident">www.nynjtc.org/incident</a>.

Steps to follow in the case of an injury:

- 1. Assess the situation and risk. Call 911 if necessary.
- 2. Administer first aid and care within the scope of your ability and training. The person with the highest level of first aid training should take charge of administering care.
- 3. If the injury is serious seek professional medical attention.
- 4. Notify the injured person's emergency contact if necessary.
- 5. If the injured individual refuses care, they must sign a <u>Refusal of Care Form</u> after they are deemed to show no evidence of an altered state of consciousness that impairs judgment by completing the assessment on the Form. See <u>www.nynjtc.org/incident</u> for the <u>Refusal of Care Form</u>.
- 6. Volunteers: Limited insurance coverage is available if needed. If the injury is not serious, notify the Trail Conference before seeking medical help to sort out insurance. See <a href="https://www.nynjtc.org/incident">www.nynjtc.org/incident</a> for the Volunteer Insurance Coverage Grid.
- 7. Report the injury to the Trail Conference and file a <u>Personal Incident Report</u> within 24 hours or the next available business day, even if medical treatment is not sought.
  - a. Phone calls should be made directly to the Trail Conference:
    - i. If the involved parties are volunteers, contact the Volunteer Engagement Manager at **201-512-9348 ext. 841**.
    - ii. If the involved parties are paid full or part-time staff, contact the Finance and Operations Manager at **201-512-9348 ext. 823**.
    - iii. If the involved parties are Conservation Corps Members, contact the Conservation Corps Manger at **201-512-9348 ext. 819**.
    - iv. If the above contact is unavailable, make sure to leave a message, then call the office at **201-512-9348** and **select 0** to be connected to the general line.
  - b. Document the injury via a <u>Personal Incident Report</u>, even if medical treatment is not sought. See <u>www.nynjtc.org/incident</u> for the <u>Personal Incident Report</u>:
    - i. Email reports to <u>volunteer@nynjtc.org</u> for volunteer related incidents; to <u>mperro@nynjtc.org</u> for staff related incidents; or drop off at headquarters.
    - ii. If a volunteer-related injury occurs while working on the Appalachian Trail, fill out the Appalachian Trail Conservancy's incident report and send it to both the Trail Conference and ATC. This report can be done in place of the TC Personal Incident Report.
    - iii. If a volunteer-related injury occurs while working on OPRHP land, fill out the OPRHP incident report and send it to the Trail Conference. This report should be done in addition to the Trail Conference's Personal Incident Report.
    - iv. If a volunteer-related injury occurs on National Park, PIPC, NJDEP, NYDEP or DEC lands (etc.), the Trail Conference office or elsewhere, additional paperwork may need to be filed. Complete the Trail Conference Personal Incident Report first and then we will determine if additional reports need to be filed.
  - c. The Trail Conference staff will notify all appropriate entities.

See www.nynjtc.org/incident for:

Injury Protocol and Insurance Information

- Refusal of Care Form
- Personal Incident Report
- ATC Incident Report Form
- OPRHP Injury and Illness Report

# 10.10. Confidentiality

From time to time volunteers in certain positions will have access to confidential information that the Trail Conference regards as extremely sensitive.

Volunteers with access to confidential information must sign a Volunteer Confidentiality Agreement and return it to the staff member responsible for volunteer programs. In accordance with Confidentiality Agreement, no confidential information may be disclosed to any other organization or to anyone else without a legitimate reason related to Trail Conference work, as approved in writing by the Executive Director. This includes, but is not limited to, information about Trail Conference policies, systems, strategies, methods of operation, contractual agreements and software, any confidential information related to volunteers, customers, contributors, and other proprietary matters.

By signing the acknowledgement in the <u>Confidentiality Policy</u> and continuing volunteer activities with the Trail Conference, all volunteers agree not to make any such disclosure during or after their involvement with the Trail Conference. Disclosing confidential information in violation of this policy will result in severing the Trail Conference's relationship with the volunteer. Private information is confidential and should also be treated as such. Also see

# 10.11. Teamwork and Collaboration

Teamwork and collaboration are cultivated through the deliberate actions of leaders. They are based on inclusiveness, trust and delegation in a symbiotic relationship with mutual respect for team members.

Amazing teams such as LTCs and Trail Crews:

- Cultivate a diverse, active, and informed structure
- Create and activate dynamic succession plans that invite, encourage and inspire participation from all members of a committee.
- Use multiple communication tools and techniques to consistently listen, inform, share, and steward trail activities
- Plan and implement a variety of opportunities recognize volunteer efforts
- Offer projects that engage volunteers with each other and the Trail Conference
- Have amazing leaders who
  - o Are results driven
  - Have passionate professionalism
  - Possess a collaborative mindset
  - Own the problem and make no excuses
  - Are constant champions
  - Energize others

Many volunteers offer their contributions through virtual teams, that is teams that meet through conference calls or on line. Communication, coordination and staying in touch with technology ensures that out of sight is not out of mind. Also see Committee Best Practices draft

### 10.12. Code of Conduct

The Trail Conference attracts volunteers from all walks of life. The Trail Conference Code of Conduct is intended to promote professionalism, safety, equal opportunity and a harassment-free environment. The code also addresses conflict resolution, should it become necessary.

To ensure that the organization maintains a welcoming environment, all volunteers and staff member must abide by the <u>Trail Conference Code of Conduct</u> approved by the Board on July 25, 2017.

# 10.13. Decision Making Process

How the Trail Conference makes decisions is just as important as the decisions we make. The many components that feed into a decision take available resources, funding, existing agreements, contractual obligations and impacts on future relationships with partners or land managers into consideration.

- Councils and Committees are empowered and encouraged to manage decisions in the context of their respective approved charters.
- Leaders are encouraged to make decisions within their scopes of responsibility based on the resources that are available.
- Decision making for trails is a cooperative process that involves the Land Manager, LTC Chairs, Supervisors, Trail Crews, environmental assessment, and Program Coordinators.
- Decisions should be made at the lowest possible levels taking multiple options and paths into consideration.

# 11. LAND MANAGER RELATIONSHIPS

The Trail Conference works in close cooperation with various governmental agencies and nonprofits in the region and is the only coordinating organization for hiking trails in its area. The Trail Conference works through Land Managers, the representatives of these organizations, to accomplish our mission.

Land Managers have the authority to manage lands for the public and represent the owners of the land that allows the Trail Conference to do work on the lands. While the Land Managers are not part of the Trail Conference organizational structure, they are our partners and are an integral part of the Trail Conference operation. Without them and the land they manage, we would not be able to work.

Generally the LTC Chairs are the primary contacts to work closely with the Land Managers in their respective regions to assess needs and identify new projects. Depending on the region, Supervisors may be the primary contacts.

# 11.1. Agreements

The Trail Conference has two types of agreements: organization to organization and individual to organization. Whenever the Trail Conference maintains a trail on public land or on lands owned by a

non-profit conservation organization, a cooperative management agreement should be entered into between the Trail Conference and the public landowner.

Whenever the Trail Conference maintains a trail on private land, permission must be requested and obtained from the landowner. Ideally, the Trail Conference should obtain a permanent easement to maintain the trail across the private land. If a permanent easement cannot be obtained, a written revocable agreement (which may be in the form of a letter) should be obtained.

If the landowner will give only verbal permission, a memorandum stating the circumstances under which verbal permission was obtained must be filed in the Trail Conference office with the Regional Program Coordinator.

Occasionally a land manager or government agency requires an individual to sign an agreement. Those forms are filled out and handled according to the requesting partner. Examples include National Park Service, New York State Office of Parks Recreation and Historic Preservation and New York State Department of Environmental Conservation. A copy can be obtained in the Trail Management Guide.

### 11.2. Private Property

Cooperative agreements will apply to private landowners who permit trails with or without a cooperative agreement. For New Jersey, provide them with a copy (or link) to the NJ Recreational Use Statute and The Private Landowner. This statute protects landowners who provide recreational opportunities.

# 11.3. Land Manager and Partner Agreements

Land Managers or Partners can be in National Parks, State Parks, County, Municipal Parks, and nonprofits-own lands. Agreements must be either handshake or a Memorandum of Understanding (MOU). The latter is preferred. When Land Managers want a formal arrangement of how trails are maintained, they can choose using Trail Conference volunteers or supplying their own maintainers. The former situation requires the organization or municipality join the Trail Conference as a member club, supplies their own volunteers and uses Trail Conference volunteers to train them and do heavy construction. In the latter case, the Trail Conference supplies maintainers either as individual maintainers or a club.

- 1. Generally, MOUs and other Agreements are considered confidential and should not be distributed.
- 2. MOUs must be approved by both the Trail Conference Land Manager. The Trail Conference will not agree to indemnify other organizations or public entities, except with Board approval.
- 3. These agreements include terms important to the Park or Land Manager with specifics as to what Trail Conference will do. Each Chair, Supervisor, and Corridor Manager is responsible to share the park-specific trail work rules with Maintainers, Monitors, Crew Chiefs, Crew Leaders and Sawyers working in the specific parks.
- 4. Some Land Managers and Partners require a formal Annual Report and Annual Meeting with them, which will be noted as part of the MOU. The LTC Chair works with the Land Manager to establish annual plans and commitments on the land manager's schedule.
- 5. MOUs have a term determined by the Land Manager and Partner and are renewable. Some MOUs have an "escape clause" stating notice of termination after a period of notification, but no renewal clause.

### 11.4. Working with Land Managers

While the Land Managers are outside of the Trail Conference organization, they form an important part of the Trail Conference operation. The LTC Chairs and Regional Program Coordinators work closely with each Land manager representing the parks in their respective regions to assess needs and identify new projects. Chairs and Crew Chiefs should establish and maintain pleasant, collaborative relationships to understand needs. In some instances, the Supervisor will be assigned to work with Land Managers.

Best Practices in establishing and maintaining a relationship with a Land Manager.

- 1. Limit visits to a Land Manager's office, recognize their busy schedules and plan for a professional visit.
- 2. Provide a notice of intent to visit, confirm availability, and have an agenda with a list of topics to discuss.
- 3. Work with the Regional Program Coordinators to provide timely reports to the Land Manager.

Many parks have a Memorandum of Understanding (MOU) with the Trail Conference. Each Chair and Supervisor is responsible to share the park-specific trail work rules with the Maintainers, Crew Chiefs, Crew Leaders, and Sawyers working within that park. Generally MOUs and Agreements should be considered confidential and should not be distributed. Sample MOU

Each LTC Chair works with the Land Manager to establish the annual plans and commitments on the Land Manager's schedule. New projects are established through MOUs agreed to with the Land Manager.

# 11.5. Special Land Manager Considerations for Invasive Species Treatment

Invasive species removals in many parks require additional permissions from land managers and in some cases may even require official permits. If you are considering any invasive species removal work outside of the trail corridor you should consult with the Trail Conference's Director of Land Stewardship for advice on how to prepare and request permission from the land manager in question. The Trail Conference has worked with many of our land managers for previous invasive species removal projects. In some cases, the Director of Land Stewardship will need to request official permits. The Director of Land Stewardship can also advise on the best practices for removal of the species in question and help you determine whether the project should be taken on by the Invasives Strike Force Trail Crew.

# 12. SAFETY

The <u>Outdoor Activity Safety Guidelines</u> are intended to reduce the occurrence of bodily injury during all outdoor activities conducted by the Trail Conference. The goal is to reduce risk as low as reasonably practical and to improve the outcome if bodily injury does occur. The outdoor activities covered by these guidelines range from leading hikes to chain sawing and crew work and include all outdoor-based Trail U workshops . The primary intent is to encourage a safety conscious culture without creating burdensome, unwieldy, or overly complex procedures and requirements.

The outdoor activities addressed by these guidelines have been divided into four levels based upon the risks associated with the activity:

- Level 1 Activities on trails with no tools
- Level 2 Activities off trails or activities on or off trails with tools including clipping, general trail maintenance, and herbicide use
- Level 3 Trail rehabilitation and construction tasks typically done by trail crews
- Level 4 Chain sawing

Tables are provided for each level showing:

- Potential job hazards
- Safety gear (Personal Protective Equipment or PPE) recommendations and requirements
- Recommended safety practices and procedures
- First aid training recommendations and requirements

### 13. Trail Conference Owned Property

The Trail Conference works to develop trails on purchased lands before selling to state park agencies as soon as feasible to free up funds for future parcel conservation. During the time that the the Trail Conference owns the property, the Conservation Committee manages the property. The property should be inspected at minimum once annually. Trail Chairs and Supervisors should be informed when a trail they are responsible crosses Trail Conference owned land to keep a watchful eye on it.

There are three categories of Trail Conference owned property:

- Lands with a trail running through it
- Lands that buffers one of our trails
- Land purchased for a trail relocation

### 14. Money Matters

The work of the Trail Conference is supported through membership dues, publication sales, and donations. Much of the maintenance, trail building, and corridor monitoring is performed by on-trail volunteers through thousands of hours of donated time and require no funding. Local Trail Chairs, Supervisors, Corridor Managers, and Crew Chiefs work with the Program Coordinators to consolidate the resource needs of the RTC.

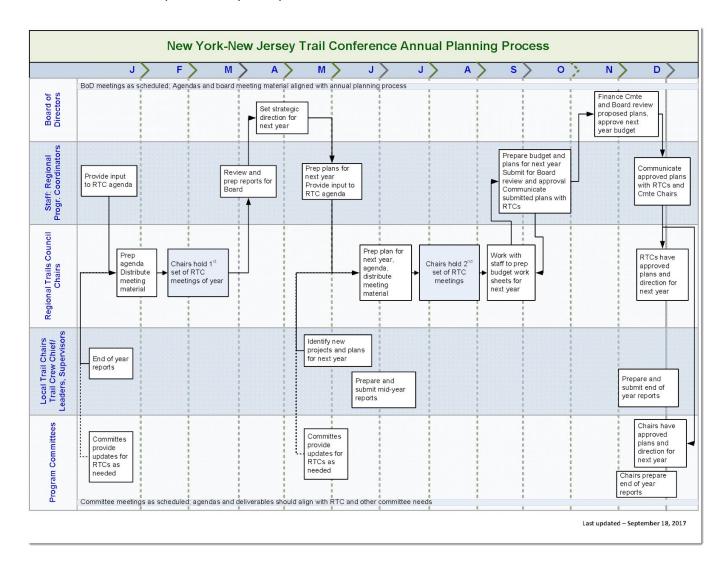
# 14.1. Annual Plan and Budget

The Trail Conference's annual plan and budget process is used for setting priorities, requesting resources for the following year, review and final approval process.

Planning process for LTC Chairs, Supervisors, Corridor Managers, and Crew Chiefs:

- 1. January Complete prior year end reports
- 2. June Propose projects and plans for the following year, especially those that will require funding
- 3. July Complete spring reports
- 4. September work with Regional Program Coordinator to plan for the following year

#### 5. December - Prepare end of year report



### 14.2. Procurement & Reimbursement

If funding is available from the sources described in the <u>Sources of Funding</u> section, the requisition procedure must be used before a purchase over \$100 is made. The reimbursement form should be used to be reimbursed for project expenses.

#### **Resources:**

- Procedure and Requisition Form
- Volunteer Expense Form

# 14.3. Sources of Funding

The Trail Conference often funds trail projects and staff time through grants, whose availability varies from year to year. These grants are typically awarded in the form of restricted funds, which means that they can only be utilized for purposes within a specific assigned scope. It is preferred to seek grants with the most flexibility in how funds are used, with "unrestricted" or "operating" funds being ideal so that

money can be applied across different projects and regions as needed - this also minimizes the number of separate restricted grants that need to be tracked and managed, which can consume lots of administrative time. For example, if someone offers to donate \$200 to repair a specific small bridge, we might instead direct them to donate that amount to a larger "trail crew tool and materials" fund with the understanding that the bridge would be a future crew project.

Grants have different matching requirements and some allow the match to be through volunteer hours. Thus tracking of volunteer hours is important.

The Trail Conference manages the Elizabeth Levers Memorial Fund for Youth Projects. As a long time supporter of hiking trails, Elizabeth Levers encouraged young people to participate in trail projects. The grants are generally used to help an Eagle Scout and Girl Scout Gold Award with a project where the youth has done fundraising but is a little short of funds. A typical amount granted is around \$50 and up to \$200. See <u>Elizabeth Levers Memorial Fund for Youth Projects grant application</u>.

The Trail Conference has access to various corporate, private foundation, state, and federal grants. The list of available opportunities constantly changes. Contact the Regional Program Coordinator to assess the best source for the project at hand.

All applications for grants must go through the Regional Program Coordinator, who will work with the development team to ensure that the specific grant application format and process are followed.

### 15. Working with External Organizations

The Trail Conference sometimes receives requests by an individual (usually youth), park, or corporation for help with a particular project or for a day of service. Requests by youth or corporate groups to volunteer on a project provide opportunities for longer term engagement with the Trail Conference Accepting these requests also raises awareness and profile in the communities where the Trail Conference works.

These special events enable external groups to maintain or construct trails using episodic volunteers. Each park has different arrangements and restrictions on what volunteers can and cannot do.

### 15.1. Working With Youth

The value of working with youth is to encourage our next generation of trail volunteers, whether it be through a particular project, involvement in various trail crews, or trail maintenance.

Youth will need our advice and guidance when working on trail related projects. The most frequent requests come from scouts, either a Boy Scout to attain Eagle rank or a Girl Scout for a Gold Award. Through these projects, a scout learns to develop a project, manage from initial idea to funding needs, managenother scouts and workers during the project and project completion. Completed project will need sign-off from the relevant Trail Conference leader (i.e Supervisor, Crew Chief, etc.) and therefore will need the leader's involvement.

Other youth projects include civic internships for seniors in high school. These projects can be as varied as the needs of a Supervisor or LTC chair. Enhancing a kiosk with a map of what is nearby or a video of activities that are in a park are just two projects that could be undertaken.

#### **Requirements:**

- Youth Policy must be strictly followed.
- A volunteer working with youth must be knowledgeable with the Youth Policy and must have have had a background check completed through the Trail Conference at no cost to the volunteer.
- Two-adult rule followed and enforced.
- Parental Permission for youth under 18 unless accompanied by a parent or guardian.
- Background check for Trail Conference volunteers when working with youth.

#### **Resources:**

- Youth Policy
- Parental Consent form
- Youth Program Application form (background check)

### 15.2. Working With Organizations

The Trail Conference receives requests for help from parks due to limited resources, and offers from corporations and schools wanting employees or students to give back to their community. Often organizations interested in helping on a community project discover the Trail Conference through a volunteer or word of mouth. There are ways to engage no matter who is requesting or offering to help:

- 1. For parks requesting project assistance, Maintainers available in the park area may be a way to fulfill the needs. If Maintainer resources are not available, the Trail Conference can provide technical assistance by organizing and hosting a Trail Maintenance workshop.
- 2. For organization and school requests, plan for a day of service. For a day of service to be successful, a Supervisor or LTC Chair should consult list of projects that need work. The Supervisor or LTC Chair can fulfill the requests based on the number of people who want to help, the skill level required, and access to volunteers who can lead small groups. The larger the group, the more project management and cooperation is required from the land manager. Example activities: hauling lumber for a boardwalk or bridge, and building boardwalk. While nailing boards on a boardwalk requires some skill, toting the needed lumber requires far less.

## 16. COMMUNICATIONS

Communication is an important glue that binds this vibrant, geographically distributed organization of volunteers and staff so stay engaged and working as a cohesive team at all times.

# 16.1. Internal and Interpersonal Communications

The many roles described in Section 4 require frequent communication at all levels: Supervisors reaching out to Maintainers, LTC Chairs interacting with Land Managers, Staff sharing information with volunteer leaders.

• Staff, committees, and councils are expected to communicate with stakeholders and members to share information as soon as practical, to attend to the mission and plans at hand

- Communicate in a timely manner so that recipients can make the best use of time they are donating as volunteers
- Value and continue to strengthen teamwork and collaboration
- Use the available communication methods such as website infrastructure communication features, google groups, listserv email lists, etc.

#### 16.2. External Communications

Generally, the Trail Conference Communication Manager is responsible for communications with the media and press, keeping the website Newscenter <a href="www.nynjtc.org/newscenter">www.nynjtc.org/newscenter</a> current, social media postings and contacting press.

#### 16.2.1. Press Contacts

The Board adopted a press policy on November 22, 1988, which states:

"Any Trail Conference official who submits any article or letter to the editor of an outside publication using their Trail Conference title should submit the article to the Trail Conference office for review beforehand. This policy does not apply to letters addressed to government officials unless such letters make policy for the Trail Conference."

The 'official' in the press policy refers to a Trail Conference representative authorized to submit articles or letters as representatives of the Trail Conference.

- When speaking to the press, clear the remarks with the Trail Conference Communication Manager if at all possible.
- When speaking or testifying before public bodies such as the DEC, PIPC, zoning boards, greenway hearings, etc., one should be careful to distinguish between personal opinions and Trail Conference opinions.
- Even if one does not identify oneself as a Trail Conference official, governmental partners who recognize the speaker as a Trail Conference official may assume that all remarks made by the speaker reflect Trail Conference policy, unless the speaker clearly points that his remarks reflect only his or her own opinions.

#### 16.3. Contact Lists

Please contact your RTC Chair, Regional Program Coordinator or Volunteer Coordinator if you need the contact information for a volunteer or a group. The RTC contact list is generally available at the RTC meetings.

Contact information is not to be shared and distributed outside of the Trail Conference. Also see Confidentiality.

# 16.4. Website Content Management

The <u>www.nynjtc.org</u> website is a key communication tool.

• Some volunteer leaders and committee members are provided access to create and update content specific for their respective areas, i.e. trail crew pages, committee chairs

- What this means, what you can and should not do
- Refer to website 'How to' guides on My Dashboard

# 17. Reporting, Trail Information, and Resources

#### 17.1. Forms and Reporting

Reporting is an integral part of each role. Reports are the way the Trail Conference collects specific data and rolls these up into summaries that provide region-wide information about volunteer hours and the trails that we maintain and manage.

#### Regional Trails Council (RTC) **Program Coordinator, Staff** Supports programs in partnership with volunteer leaders, land managers, and partner organizations. Local Trails Committee (LTC) Chair Regional Trails Accountable for planning and reporting on the maintenance and development of the trails Council (RTC) or lean-tos in a defined geographic area. Supports Trail Supervisors, Corridor Managers, Chair and Crew Leaders. ٠ Creates and fosters a Trail Supervisor Corridor Manager Crew Leader sense of community Oversees team of Monitors Oversees team of crew for the region by and ensures the members to build and Oversees team of Maintainers to ensure their organizing and Appalachian Trail boundary restore trails. Reports area's trails are maintained in good condition. running to LTC Chair where is protected. meetings/gatherings work takes place. throughout the year ٠ ٠ that help the Trail Corridor Monitor region's volunteers Crew Member Shelter gain insight and Maintainer Recurring or episodic Caretaker expertise on best volunteers that Protects and monitors the Cares for assigned 1-Cares for assigned participate in crew practices and local Appalachian Trail boundary. to 2-mile trail section. lean-to. Reports to projects. operational issues. Supervisor or Chair.

Note: Arrow indicates where bi-annual reports are to be submitted.

The current list of forms with links is maintained on the Trail Conference website at <a href="https://www.nynjtc.org/content/volunteer-forms">https://www.nynjtc.org/content/volunteer-forms</a>.

### 17.2. Trail Information Management

All information about trails is managed in the Trails Database which is part of the <a href="www.nynjtc.org">www.nynjtc.org</a> website infrastructure. Maintaining and keeping track of trails directly supports the Trail Conference mission to build and maintain trails.

Information that the Trail Conference collects about a trail includes:

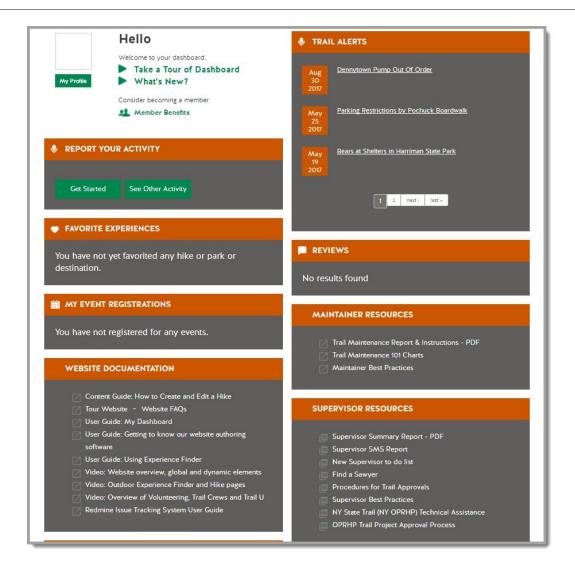
- Unique trail name. When a color is the name, that trail is given a "last name," the name of the park.
- End points that define where a trail starts and stops in relation to other trails
- Blaze details such as paint, tag, and color
- Trail segments of that trail, each with their own start and end location points. Segments are defined by a change in
  - Maintainer
  - Land ownership
  - o Political boundaries such as state, county, city, town, township, and village
  - Co-alignment
  - Handicapped accessibility or major surface change such as paved road or woods road
- Park where the trail is located
- What land manager position manages it
- Date when the Trail Conference agreed to maintain the trail

#### Note:

- As of January 2018, the process for updating trail information in the Trails Database is still being refined.
- Understanding how segments are defined and the nomenclature used, on the ground knowledge, and access to a map are required to make sure that the information is accurate.
- Access to the Trails Database is granted only to staff and volunteers trained on how to update the data.
- Requests for training can be made by contacting ??.
- The Trails Management Overview and How To guides are available on <a href="My Dashboard Web">My Dashboard Web</a>
  <a href="Documentation">Documentation</a> page on <a href="www.nynjtc.org">www.nynjtc.org</a>

# 17.3. Resources and Approved Document

Approved documents such as policies, practices, charters, forms, are available on the website, through the 'My Dashboard' page for logged-in users:



All volunteers are provided access to common resources. Further content is displayed relevant to the role of the user such as Maintainer, Monitor, Corridor Manager, or Supervisor.

# 18. Tools

LTC chairs and Supervisors should consult Trail Conference policies, Land Managers, and MOU agreements to determine what tools are permitted to be used for each areas of responsibility.

Safety first is the motto for all work trips. Crew leaders review tool use and safety for Crew Members at the beginning of work trips. The instructors at all trail skill workshops must emphasize tool use and safety. Sawyers are also required to have basic First Aid/CPR training and wear properly approved personal protective equipment (PPE).

All Trail Conference tools must be in good working order and be used only for the work that they were designed to perform. Only those volunteers trained in the use of potentially dangerous tools (e.g. power tools) should use them. In particular, volunteers cannot use chainsaws on behalf of the Trail Conference unless they are certified.

Trail maintainers own and use their own equipment (e.g. clippers, hand saws). They are not reimbursed for equipment, paint, or nails. Tag blazes are supplied by the land manager.

Crew Chiefs purchase the heavy duty tools needed by their crews. They budget for tool needs as part of the annual planning process. Following purchase requisition guideline, they are eligible to be reimbursed for expenses. The tools are maintained as part of an inventory of tools and equipment that may be borrowed by volunteers. All equipment must be signed out by the individual borrowing the equipment with the proper representative. The person who signed out the equipment must replace items that are lost or damaged due to negligence or misuse.

#### **Resources:**

- Reimbursement guidelines chart chart from 2006 needs to be updated to reflect org updates
- Safety

### 19. Review and Prior Version Replaced

This Guide was developed by the Policy Council TMG Task Force: Estelle Anderson, Jane Daniels, Walt Daniels, Peter Dolan, Mary Dooman (chair).

The document will be assessed periodically by the Policy Council TMG Task Force to ensure it remains current. Due to the comprehensive content, only the sections needing updates will be revised.

This document replaces the <u>Trails Management Guide</u> Version 2.0 which is access restricted.

# 20. Publication History

Publication Date	Comments
March 18, 2020	New org chart and accompanying job description changes
January 31, 2018	1st Draft of TMG Version 3 posted on the website. The decision was made by the Policy Council to post the TMG on the website to make the draft available, but not communicate or publicize the update more broadly until feedback from the volunteer survey is synthesized.
September 5, 2018	2nd draft of TMG Version 3 resolved many comments and includes editing updates to most sections. On September 5, 2018 The Policy Council approved the broad distribution and communication of the TMG.
October 5, 2018	Updated <u>Sections 5.9 Injury and Insurance Protocol</u> and <u>12.1</u> <u>Forms and Reporting</u> to reflect the Injury and Insurance Protocol published on <u>www.nynjtc.org/inciden</u> 10/1/2018.
December 19, 2018	<ul> <li>Updated <u>Section 2 Organization Overview</u> to reflect:</li> <li>A revised organization diagram that reflects the Metro RTC and clarifies which functions are led by volunteers or staff.</li> </ul>

	<ul> <li>Revised the RTC structure diagram to consistently show the volunteer and staff led functions.</li> <li>Staff chart includes the Metro program coordinator; IT Systems Manager reporting to Finance &amp; Operations Manager.</li> </ul>
September 16, 2019	<ul> <li>Bump version to 3.1</li> <li>Update Section 5.2 to remove restriction on volunteers being members.</li> <li>Trail Project Approvals process changed</li> </ul>
March 18, 2020	<ul> <li>Bump to version 4.0</li> <li>Update the org chart and other changes to the upper management.</li> </ul>
September 28, 2020	<ul> <li>Bump to version 4.1</li> <li>Add Long Path RTC</li> <li>Add diagram of reporting flow</li> </ul>